MENU

Weekly Special? Ask us!

Allergies? Let us know!

Handhelds

CHOOSE YOUR CONTAINER.
Baguette / Panini / Wrap / Bagel

Club Sandwich 6,75
cocktail sauce / bacon / chicken / salad / tomato / cucumber / eggs

Omelet and Bacon 6,75
mayo / omelet / tomato / cucumber / salad

BLTC 6,75
mayo / bacon / lettuce / tomato / chicken

Brie and Bacon 6,5
brie / bacon / arugula / honey / walnuts

Serrano Ham Truffado 6,5
truffle mayo / Serrano ham / parmesan cheese / arugula / sun-dried tomatoes / seeds

Serrano Ham Pesto 6,5
pesto / Serrano ham / mozzarella / sun-dried tomatoes / arugula

Gezond (Healthy) 6,5
mayo / cheese / ham / eggs / tomato / cucumber / salad

Filet American 6,0
mayo / filet American / salad / tomato / cucumber / eggs / pickles / house-made spicy sauce

Homemade Meatloaf Melt 6,0
mayo / melted cheese / meatloaf / tomato / cucumber / salad / eggs

BLT 6,0
mayo / bacon / lettuce / tomato

Homemade Meatloaf 5,5
mayo / meatloaf / tomato / cucumber / salad / eggs

Panini Ham and Cheese 5,5
butter / ham / cheese

Ham 5,00
mayo / ham / tomato / honey mustard / cucumber / salad

Chicken Pesto 6,75
pesto / chicken / mozzarella / sun-dried tomatoes / salad / cucumber

Chicken Guacamole 6,75
chicken guacamole / roasted bell peppers / tomato / cucumber / arugula

Spicy Chicken 6,5
sriracha mayo / chorizo / chicken / cheese / bell peppers

Chicken Special 6,25
pesto / sun-dried tomatoes / chicken / cheese / salad / cucumber

Chicken Truffle 5,5
truffle mayo / chicken / salad / tomato / cucumber

Salmon (Baguette) 8,95
cream cheese / salmon / avocado / arugula / capers / honey mustard sauce

Salmon (Bagel) 7,95
cream cheese / salmon / avocado / arugula / capers / honey mustard sauce

Tuna Melt 6,75
tuna / cheese / tomato

Tuna Salad 6,25
homemade tuna salad / tomato / cucumber / salad

Goat Cheese 6,25
goat cheese / pesto / spinach / tomato / cucumber / avocado / walnuts / balsamic cream / honey

Caprese 6,0
pesto / mozzarella / tomato / basil leaves

Brie 5,75
brie / arugula / apples / honey / walnuts

Mozzarella 5,5
pesto / mozzarella / tomato / basil / balsamic cream

Young Cheese 4,95
mayo / cheese / salad / tomato / cucumber

Avo- Grilled Vegies 6,75
guacamole / arugula / grilled vegetables

Spicy Veggie (Bauette) 6,75
hummus / feta cheese / cucumber slices / tomato slices / black olives / spinach

Omelet 6,0
mayo / omelet / tomato / cucumber / salad

Beetroot 5,25
beetroot / honey / apple / walnuts

Egg Salad 4,95
egg salad / arugula / cucumber

Vegan 6,50
grilled zucchini / grilled eggplant / roasted red peppers / arugula

Hummus 5,00
hummus / spinach / tomato / cucumber

Brazilian — Cryspy Wraps

Salmon Wrap 9,00
salmon / cream cheese / arugula / capers / avocado / honey mustard sauce

Tuna Wrap 8,00
tuna / cheese / tomato / arugula

Brie and Bacon Wrap 7,75
brie / bacon / arugula / honey

Brie Wrap 7,25
brie / arugula / apple / honey

Chicken Wrap 7,00
cheese / chicken / sun-dried tomatoes / arugula / avocado / honey mustard sauce

Mozzarella Wrap 7,00
pesto / mozzarella / sun-dried tomatoes / arugula / balsamic cream sauce

Hummus Wrap Vegan 7,00
hummus / tomato / spinach / avocado

Salads 6,00

Includes: Salad mix / cucumber / tomato / avocado / roasted sunflower seeds / bread

Sauce: Honey mustard / Olive oil / Balsamic / cremissimo / Pesto

Toppings: Hummus +1,95 / Chicken +2,95 / Mozzarella +2,50 / Tuna +2,95 / Goat cheese +2,95 / Smoked salmon +3,50

Brazilian — Specialties!

Pão de Queijo 5.00
A traditional Brazilian cheese bread
tapioca flour /eggs / milk / cheese

Coxinha 5.00
A savory Brazilian snack, filled with shredded chicken / cream cheese or catupiry

Açaí — Bowl

Sizes

Carioca (S)	*10,00*
Paulista (M)	*11,00*
Nordestino (L)	*13,00*

Base:
Chia seeds
chia pudding
chia matcha
peanut butter
honey
condensed milk
powdered milk

Toppings:
Banana
Strawberry
Blueberry
Granola
M&M Peanut
Peanut
Cashew
Corn Flakes

Pump it up! +1,00
Choose between: whey protein powder / creatine / collagen

Comida